This listing of claims will replace all prior versions, and listing of claims in the application:

Listing of claims:

Claim 1 (currently amended) A liquid product, which is water- or milk-based and which comprises living micro-organisms, characterised in that the liquid product has having a shelf-life of at least 1 month at 10°C, during which period at least one characteristic chosen from the group consisting of athe pH of the product decreases decreasing less than 2 points and/or the an amount of living bacteria decreases—decreasing less than 2 log-units occurs and which is free of carbohydrates that can be metabolised by the micro-organisms.

Claim 2 (currently amended) The product according to Claim 1, which is characterised in that it comprises comprising a component selected from the group consisting of milk proteins, lactose, and/or other milk or and milk-derived solids.

Claim 3 (currently amended) The product according to Claim 1-or 2, wherein the microorganisms do not eannot-use lactose as a nutrient.

Claim 4 (currently amended) The product according to Claim 1, wherein the microorganism is a strain selected from the group of genders consisting of *Lactobacillus*, *Bifidobacterium*, *Streptococcus*, *Lactococcus*, *Enterococcus* and mixtures of <u>samethese</u>.

Claim 5 (currently amended) The liquid product according to Claim 1, wherein the shelf life of the product is at least 1 month at 20°C during which <u>period</u> the product experiences a decrease in pH of less than 2 points and during which the loss of living bacteria is less than 2 log-units.

Claim 6 (currently amended) The product according to <u>Claim 1</u> any of the preceding Claims, wherein the micro-organism is a probiotic.

Claim 7 (currently amended) The liquid product according to <u>Claim 1 any of the preceding Claims</u>, which has having, at the <u>a</u> beginning of the shelf life, a pH of 4 or greater above.

Claim 8 (currently amended) A method for manufacturing a liquid, water- or milk-based delivery system for micro-organisms, which is shelf stable for at least-1 month at 10°C, the method comprising the steps of:

fermenting a medium to obtain a biomass of living micro-organisms, and

adding the biomass to a water-based liquid which is free of carbohydrates that can be metabolised by the micro-organism.

Claim 9 (original) The method according to Claim 8, wherein the step of fermenting a medium is conducted for at least 7 hours at above 30°C.

Claim 10 (currently amended) A method for providing to a consumer living microorganisms in a water- or milk based liquid, the method comprising the step of administering to a consumer the a product according to any of Claims 1-3which is water- or milk-based and comprises living micro-organisms, having a shelf-life of at least 1 month at 10°C, during which period at least one characteristic chosen from the group consisting of a pH of the product decreasing less than 2 points and an amount of living bacteria decreasing less than 2 log-units occurs and which is free of carbohydrates that can be metabolised by the micro-organisms.

Claim 11 (currently amended) A method of producing Use of micro-organisms in water- or milk based liquid, shelf-stable products comprising the steps of using living micro-organisms, having a shelf-life of at least 1 month at 10°C, during which at least one characteristic chosen from the group consisting of a pH of the product decreasing less than 2 points and an amount of living bacteria decreasing less than 2 log-units occurs and which is free of carbohydrates that can be metabolised by the micro-organisms.

Claim 12 (original) A liquid product, providing benefits of living probiotics, whereby the product can be stored at temperatures above 10°C for at least one month.

Claim 13 (currently amended) A method for providing to an individual benefits of living probiotics, the method comprising the step of <u>administering</u> to the individual <u>living micro-organisms</u>, having a shelf-life of at least 1 month at 10°C, during which at least one <u>characteristic chosen from the group consisting of a pH of the product decreasing less than 2 points and an amount of living bacteria decreasing less than 2 log-units occurs and which is free of carbohydrates that can be metabolised by the micro-organisms the product according to any of Claims 1-7 or 12.</u>

Claim 14 (currently amended) A method for distributing living micro-organism in a consumable form, the method comprising the steps of distributing <u>a the</u>-product-according to any of Claims 1-7 or 12which is water- or milk-based and comprises living micro-organisms, having a shelf-life of at least 1 month at 10°C, during which at least one characteristic chosen from the group consisting of a pH of the product decreasing less than 2 points and an amount of living bacteria decreasing less than 2 log-units occurs and which is free of carbohydrates that can be metabolised by the micro-organisms.